

Your Pain Ends Here!

Book an Appointment and Get relief!

Because we believe you deserve

HAPPINESS, NOT THE PAIN

[Get Appointment](#)



About Us Know About Our Clinic

At Belmont physiotherapy and Health clinic, we strive hard to reduce your pain and help you to reach pre-injury level of function. Our physiotherapists and treatment team will perform comprehensive assessment process and provide evidence -based treatment approach to address multifactorial injury presentations.

We offer everything you need, to relieve your pain including:

- ✓ Convenient location in heart of brookwood area
- ✓ Same day appointment
- ✓ Ample free parking
- ✓ State of the art equipment
- ✓ Ground floor clinic
- ✓ Direct billing to ICBC, WSBC, MSP & various other insurance companies
- ✓ Easy accessibility

[Read More](#)

Services Our Clinic Services



Back Pain

Lumbar Strain, Herniated Disc, Arthritis, and Sciatica



Shoulder Pain

Tendonitis, Frozen Shoulder, Post Rotator Cuff Surgery, Dislocation, Impingement



Neck Pain

Degenerative Disc Disease, Neck Strain, Osteoarthritis, Cervical Spondylosis, Spinal Stenosis, Poor Posture, Neck Injury Such As In Whiplash



Knee Pain

Ligament Strain, Muscle Sprain, Osteoarthritis, Post Ligament Reconstruction, Total Knee Replacement Rehabilitation



Elbow Pain

Tennis Elbow, Golfer's Elbow, Fracture, Ulnar Nerve Entrapment



Wrist and Hand pain

De Quervain Tendonitis, Carpal Tunnel Syndrome, Nerve Entrapment, And Fracture



Hip Pain

Osteoarthritis, Total Hip Replacement Rehabilitation, Trochanteric Bursitis, And Piriformis Syndrome



Heel And Foot Pain

Plantar Fasciitis, Achilles Tendonitis, Bursitis, Heel Spur, Tarsal Tunnel Syndrome, And Fracture

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Our Specialists

550+

Our Happy Patients

10+

Years of Experience



Schedule Your Appointment Today!

[Get Appointment](#)

FAQ's Frequently Asked Questions

+ Will my physical therapy be covered by insurance?
- Do I need prescription for physiotherapy services?
You can be evaluated and treated by physiotherapist without referral as well. If needed, you would be notified by physiotherapist to consult your family Doctor.
+ How many treatment sessions does it take?



Our Working Hours:

MONDAY	-	4:00 PM – 7:00 PM
TUESDAY	-	8:00AM – 1:00 PM
WEDNESDAY	-	8:00 AM – 7:00 PM
THURSDAY	-	8:00 AM – 7:00 PM
FRIDAY	-	4:00 PM – 7:00 PM
SATURDAY	-	8:00 AM – 2:00 PM
SUNDAY	-	CLOSED



Affiliation With

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This place wasn't exactly as I expected it to be. I pictured them to be like any other clinic. But it wasn't. I am a sports athlete and injuries hit me like

Yuki Sugisaki